

Gilford School District

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 7 Sep - 14 Cin Tst Cereal JJ Apple Juice Fresh Apples Grilled Chicken Sand Carrot Sticks Fruit Cup	Sep - 8 Sep - 15 Maple Mini Pancake JJ Punch Banana Ham Sandwich Ham Sandwich Broccoli Flowerets Fruit Cup	Sep - 9 Sep - 16 Cherrios Apple Juice Orange Wedges Chicken Burger Veggie Sticks Spicy Roasted Chickpeas Fruit Cocktail	Sep - 10 Sep - 17 CChocolate Chip Mu Orange Juice Fresh Apples Turkey Bulkie Carrot Sticks Fruit Cocktail	Sep - 11 Sep - 18 French Toast Sticks Fresh Fruit Fruit Punch Chicken Nuggets Broccoli Flowerets Fruit Cocktail
Sep - 21 Cinnamon Roll Orange Juice Raisins Chicken Burger Cucumber Slices Fresh Apples	Sep - 22 Cherrios Fruit Cup JJ Apple Juice Grilled Cheese Sandwich Veggie Sticks Fruit Cocktail	Sep - 23 Maple Mini Pancake Fruit Cup JJ Apple Juice Breaded Cheese Sticks Marinara Sauce Veggie Sticks	Sep - 24 Minni Cinni JJ Punch Fresh Apples Turkey Sandwich Turkey Sandwich Carrot Sticks Fresh Fruit	Sep - 25 Cin Tst Cereal Banana Orange Juice Breakfast Sandwich Sandwich Fruit Cup Broccoli Flowerets
Sep - 28 Cin Tst Cereal JJ Apple Juice Fresh Apples Grilled Chicken Sand Carrot Sticks Fruit Cup	Sep - 29 Maple Mini Pancake JJ Punch Banana Ham Sandwich Ham Sandwich Broccoli Flowerets Fruit Cup	Sep - 30 Cherrios Apple Juice Orange Wedges Chicken Burger Veggie Sticks Spicy Roasted Chickpeas Fruit Cocktail		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*